

Global Living Wage Series

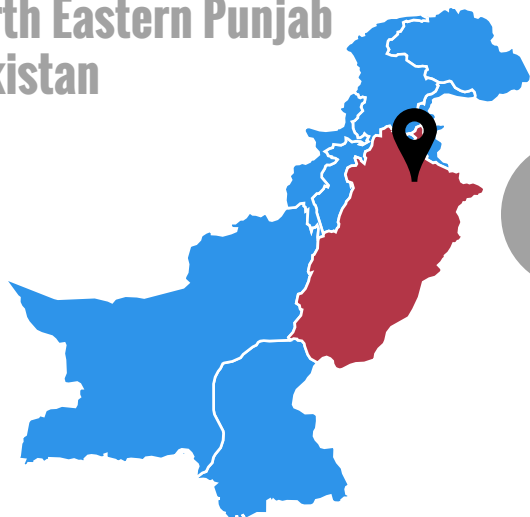
Pakistan

Rural Sialkot



Photo Courtesy of Andrew Jenkin, Supporters Direct Scotland

Sialkot North Eastern Punjab Pakistan



Housing
Rs. 4,610
US\$ 44

Synopsis of Living Wage Study Conducted By: Asad Sayeed and Kabeer Dawani - Collective for Social Science Research, Karachi
Living Wage Estimated using the Anker Methodology, December 2015 - March 2016

Provision for
Unexpected Events
Rs. 1,333
US\$ 13



Monthly Living Wage
Rs. 16,993
per worker
for
family of 5
with 1.647
full-time
workers

**US \$ 163
Monthly**

Food
Rs. 13,544
US\$ 130

UPDATE of Monthly
Living Wage Estimate
for December 2016

PKR 17,622
(December 2016)

US\$ 169

(December 2016)

**Non-Food,
Non-Housing**
Rs. 8,501
US\$ 82

+...

Local Housing Standard for Family

- Durable Floor such as cement
- Durable walls such as stone or cement
- Durable roof of zinc or cement without leaks
- Sufficient number of windows for adequate lighting and ventilation (preferably 2 windows per room)
- Pit latrine in good condition with slab, sufficiently deep for proper drainage
- Safe water source
- Kitchen area separate from sleeping quarters
- Around 30-40 square meters of floor space
- Building in reasonable condition
- Safe outside environment

Model Diet edible grams per person per day

- 336g wheat
- 25g rice
- 52g potato (least expensive root and tuber)
- 45 g legumes (15g beans and 30g lentils as cheap source of protein)
- 170g milk (1 cup for children and 10ml for tea for adults, fresh, unpackaged)
- 20g yoghurt
- 15g eggs (two eggs per week)
- 24g broiler chicken (2 portions per week)
- 210g vegetables (46g spinach, 31g tomato, 41g onion, 46g radish in winter/cabbage in summer, 46g carrot in winter/eggplant in summer)
- 70g fruits (bananas in winter/watermelon in summer)
- 34g cooking oil
- 3.5g packaged tea
- 35g sugar

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Key Values and Assumptions



- 48 Hour Work Week
- 26 Work Days Per Month



- Exchange Rate
US \$1 = Rs. 104.3



- Family Size 5.5
- 2 Adults, 3.5 Children
- 1.647 Workers Per Family



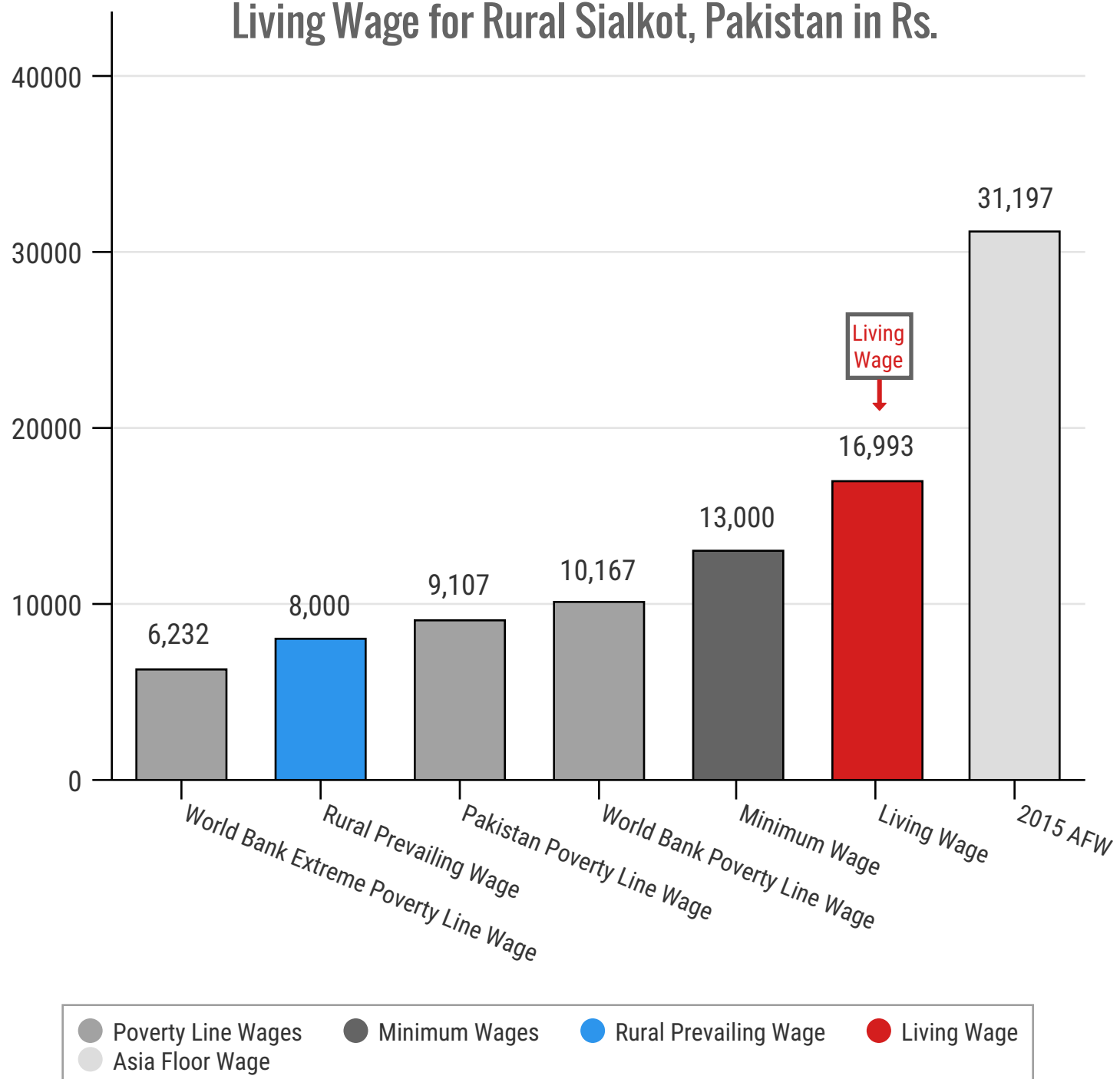
- Common In-Kind benefits
Transport Value = Rs. 184

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events) ÷ Number of Workers in a Family) + Mandatory Deductions from Pay

Register for Regular Benchmark Updates from the GLWC at <http://eepurl.com/b6Jlyf>

www.globallivingwage.org

Living Wage for Rural Sialkot, Pakistan in Rs.



GLOBAL LIVING WAGE COALITION

Global Living Wage Coalition Members: Fairtrade International, Forest Stewardship Council, GoodWeave International, Rainforest Alliance, Social Accountability International, Sustainable Agriculture Network, and UTZ. In Partnership with the ISEAL Alliance and Richard Anker and Martha Anker

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